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BROADMEAD, COCKEYSVILLE, MD

October, 2015

Howl at conference in Australia...

Senior Care worldwide facing aging populations, shrinking work force and diversity issues

By Bob Heaton

The huge worldwide number of aging “baby boomers,” coupled with a shrinking workforce of qualified people interested in serving that population, was the major issue addressed at a conference in Perth, Australia, attended by Broadmead CEO John Howl along with technology and health care experts, researchers, government officials and management personnel from more than 30 countries last month.

The reality of diversity in all its forms, of both clients and staff, was the other issue of major concern, Howl reported. He also attended a pre-conference session on dementia care where a great deal of interest was expressed in Broadmead’s partnership with Johns Hopkins and in trials now underway on the use of technology and robotics.

The biennial conference of the International Association of Homes and Services for the Aging, a journey of 35 hours from Maryland, was hosted by the Australian equivalent of the U.S - based Leading Age organization. In 2013 the conference took place in China. In 2017 it will be held in Switzerland.

The aging population problem is particularly acute in China, where the numbers in that age group exceed the entire population of the United States. Aging in place, with families providing most of the service, will be their thrust. The United States and other developed

nations may well learn new techniques in this area from countries that are just beginning to cope with the problem, Howl said.

The workforces of the developed nations will not be sufficient to care for the spate of new clients, so imports from other cultures will be required. Effective recruiting and training will be a priority at future conferences

The issue of the forms of diversity was raised early in the conference by one of the the keynote welcomers, a high-level Australian jurist who had recently “come out” as homosexual.

At the pre-conference session on dementia the two largely discussed topics were the use

It wasn’t all work. See kangaroo and scuba diver on page two.

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The masthead photo of fall leaves, the springhouse and in the distance Cluster A is by Erroll Hay.

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John with baby kangaroo



Ready to leap off boat and scuba dive on Great Barrier Reef

Australia..from Page One

of technology and robotics to promote safety and relationships with residents. In some trials, robots are proving to be of value in feeding and in relationships.

Robotic pets have been programmed to respond to words and gestures from patients to good effect. Howl was particularly impressed by a two-foot long seal in the exhibit hall.

He noted, however, that no matter how useful these advances prove to be, nothing can replace the value of human interaction with residents.

Queried on what benefits Broadmead might harvest as a result of these conferences, Howl noted technological advances in housing and safety, new best practices coming down the road and networking connections that he believes will be helpful in the future.

The ease of quick information exchange that we enjoy today will benefit everyone in the retirement field, he said.

Asked if he had any sense of what sets Broadmead apart from similar organizations represented at the conference, he was quick to reply “resident engagement.” All CCRCs have that characteristic, but Broadmead is stronger, he said.

While “down under”, Howl visited the famous Sydney Opera House and Harbour Bridge. He visited a rain forest where he fed a crocodile and petted a baby kangaroo.

He snorkled on the Barrier Reef, and in Sydney he had dinner with Kieran and Ian Holmes, daughter and son-in-law of Michael and Narindar Kelly.

**Annual Meeting
Broadmead Board of Trustees
Monday, October 19,
4 p.m. Auditorium
Everyone welcome**

**Let's Sing
Wednesday, October 21, 7 p.m.
with Jonathan Jensen at the Piano
Broadmead Annual Meeting
requires change of date**

Writers Group

Fridays, 4 p.m. Fireplace Room

New wellness director is full of plans

By Jackie Mintz

Coming here from a much larger program, new Director of Wellness and Life Enrichment **Andy Switzer** talks energetically - and persuasively - about the benefits of enlarging Broadmead's program.

Though careful to note that he is interested in learning what residents want, he speaks enthusiastically about the advantages of a broader and deeper program. There would be a greater variety of classes, and classes would be offered more frequently and for more hours a day, he said. He hopes also to provide assessments and personalized wellness plans for residents and to extend wellness programs to Taylor and Hallowell.

The wellness program he left, at Williamsburg Landing, a non-profit CCRC in Williamsburg, VA, serves close to 600 residents and associates.

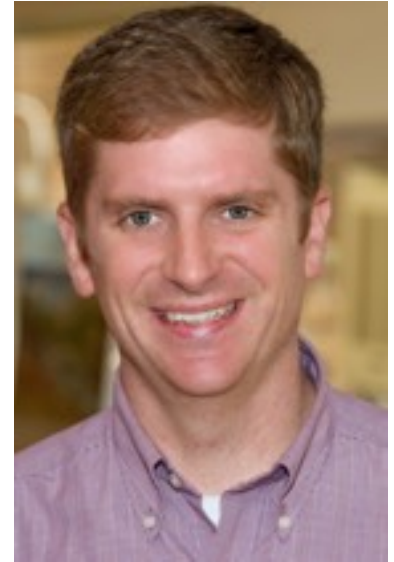
Asked why he would leave a flourishing later program, Andy explained that he was attracted to Broadmead for several reasons, not necessarily in the following order. First, he found the Quaker atmosphere appealing because, like the Mennonite church to which he belongs, it is a peace church. Second, he is much impressed by Broadmead's rural setting and likes the idea of raising his children in such an environment. Finally, he was lured by the opportunity to be in on the ground floor of Broadmead's new master and strategic plans, and a chance to create a program with best practices, informed by input from Johns Hopkins experts.

Andy and his wife Bonnie have three sons, Luke (6), Isaiah (4), and Silas (5 months). They will join him from Virginia when he has found housing nearby.

Andy's hobbies include half-marathons and hiking in the Appalachians. He has done some woodworking (picture frames, hiking sticks) but is in awe of the resident work he has seen here.

Before he can make much headway toward his larger goals, though, Andy's immediate work is cut out for him. With Kaitlyn's departure, he is interviewing for replacements. He knows he must get a feeling of resident interests. But Andy sounds like he hopes and expects to move swiftly.

Andy reports to COO Robin Somers.



BRA Health Care Lecture

Tuesday, October 20
10:30 a.m.. Auditorium

"Pet" Foods and the Construction of a National Food System

Dr. Sidney W. Mintz
Professor Emeritus
and Research Professor, Anthropology
Johns Hopkins University
(Broadmead resident)

Baltimore Lyric Opera

Friday, October 30, Auditorium, 7 p.m.

Season Overview

James Harp, Artistic Director

Newly Arrived Residents

Isaac Rehert	B18
Nancy Wilson	L1
Gwyn Sirota and Gay Block	M12
Molly Edgar	G12

New Director of Lifestyle and Dementia shares name with long-time dietician

By Elborg Forster

Among those participating in the most recent Fireside Chat were Stacey Young, the new Director of Broadmead Lifestyle and Dementia, who talked about her hopes and plans for those programs, and Stacey Young, our longtime dietician, who spoke on healthy eating in connection with Broadmead's new campaign against diabetes. (See story on Page 10.)

The two are not related but share both name and enthusiasm for their jobs. Excited about our Centers of Excellence programs and the new collaboration with Johns Hopkins on dementia issues, the "new" Stacey Young has 15 years of continuing care retirement community experience and comes to Broadmead from Copper Ridge. She will manage, supervise, and coordinate the activities of the Lifestyle Department on Hallowell and Taylor and

participate in the development of further programs for residents with dementia.

A lifestyle program is about "who we are and what we love," she said in reference to volunteer/patient interactions about which both have a passion.

For residents who love gardening but can no longer bend over, there can be raised flower beds. Volunteers who love reading might be paired with those who can no longer read, but love books. Rules, she feels, should never be rigid, and one size by no means fits all. The standard of good care is to provide as much happiness as possible to those who are impaired in

one way or another, and to achieve that goal demands attention and knowledge, she said.

She is seeking resident volunteers as well as students with an interest in gerontology at Stevenson and Towson Universities. (See story on Page 18.)



The new Terrace Garden has a handsome new birdbath, made from the semiprecious stone collection of the late Tim Baker by Sue Baker and their sons, Tim Baker Jr., left, and David Baker.
Photos by Erroll Hay

Columnist says Baltimore's neighbors should help

By Marcia Reinke

It's not just riots, vandalism and Freddie Gray. It's poverty, lead paint, poor housing and drug addiction. It's police-community interactions, violent crime and no jobs, especially for those coming out of prison.

"Baltimore is a crucible," said *Baltimore Sun* columnist Dan Rodricks speaking at the fourth successive Open Forum lecture on problems in the inner city.

Unemployment, underemployment, homelessness – all of these create what he called "radioactive" neighborhoods. People living there need an opportunity to move away.

Coming to Broadmead directly from hearing Gray case pretrial motions in the Baltimore Circuit Court, Rodricks said the city cannot solve its problems alone.

"City residents cannot be milked to pay more taxes. This is a wealthy state," he said, adding that Baltimore County, Howard County and the other nearby counties need to open their doors so city residents with the help of government subsidies may move out.

A Massachusetts native and a graduate of the University of Bridgeport (CT), Rodricks has been a reporter and an award-winning columnist for the *Sun* papers for 39 years. In recent years he has authored three columns a week and hosted a talk show on WYPR.

Rodricks applauded the decisions by Circuit Court Judge Barry Williams to have the six police officers involved in Freddie Gray's death be separately tried. And in Baltimore, instead of another venue.

Where could we send the case? Rodricks asked, quoting the judge. Baltimore is in the

spotlight. Everyone knows the story. It's been on Twitter, Facebook, the social media. It's a global story. Police officer issues are everywhere. The decision as to whether a juror is unbiased or fears retribution for a verdict will be left to the pretrial screening process, he said.

Speaking here the night before Mayor Stephanie Rawlings-Blake announced her decision not to seek re-election, Rodricks commented that she was in trouble and that he did not see that she had "any passionate support."

He was, however, generally supportive of her decision to settle \$6.4 million on the Gray family. "I see it as a two-fer," he said. It avoids long litigation over wrongful death and the police officers won't have to face civil litigation.

Commenting further on providing opportunity for residents of "radioactive" neighborhoods to move out, he cited a study of city residents who moved away from poverty to Howard County. Within 10 years they were educated, employed and had high rates of marriage, he said.

Rodricks also observed that "we need to declare defeat in the war on drugs. Decriminalize it. Do what we do with alcohol. Control the market," he said.



The Residents Association's cutting garden, under the direction again this year of Carolyn Whittington, provided a handsome outdoor display as well as hundreds of blooms for the flower arrangers who decorate the Center.

Photo by Erroll Hay

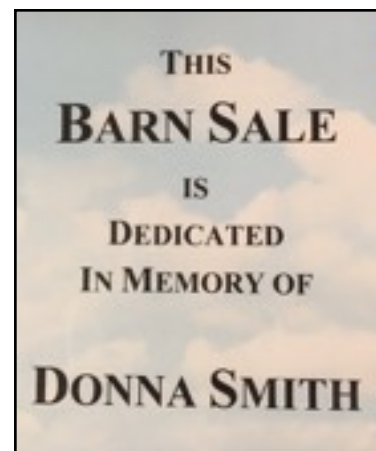
Barn Sale grosses over \$20,400

Photos and collage by Erroll Hay

As *The Voice* headed off to be printed this week, the Barn Sale's money team under the direction of Barn Sale Treasurer Park Espenschade was still counting the loose change, but had determined that cash and checks totaled approximately \$20,400. Expenses including start-up money of \$1,600, the Maryland sales tax, publicity, and heavy-lifting are expected to run about \$5,000.

An amazing contributor to the total was \$1,043 earned from the sale of 149 jars of honey at \$7 a piece, produced by bees of the Broadmead apiary and Cockeysville wildflowers

Anne Minkowski and Jo Ann Koehler chaired the sale this year. Donna Smith served as chair and treasurer in recent years.



BRA provides orientation for 30 new residents

A presentation on how the Broadmead Residents Association (BRA) is organized brought 30 residents who arrived here within the past year to a recent special orientation.

Organized by Alma Smith, the BRA's activities coordinator, and former BRA president Kitty Stierhoff, the program included an overview of BRA structure, the importance and responsibilities of cluster reps, how monthly directors' meetings are run and the work of the standing committees. All residents automatically become members of the BRA, described as the "strong grassroots of Broadmead," as soon as they arrive.

Phyllis Erickson, cluster coordinator, explained the buddy system, the emergency telephone system, and the new information technology systems now being installed.

Nancy-Bets Hay, membership chair of the Broadmead chapter of the Maryland Continuing Care Residents Association (MaCCRA), urged those present to join the statewide organization which advocates and lobbies on behalf of residents living in continuing care communities.

Cynthia Ballard, hostess coordinator for new residents, distributed post-arrival guidelines to those who may have misplaced or not yet received copies and announced a welcoming reception on October 15. Also distributed were the "pink sheets," which annually list all the BRA activities and who's in charge, plus, for the first time, a compilation of all BRA activity and committee annual reports.

Men's Saturday Social Hour

Auditorium/Lounge, 9:30 a.m.

October 10 Gus Saarnijoki

October 24 Stanton Collins

November 7 Bob Heaton

November 14 Duffy Mathias

Intern helps maintain gardens



Chris Mooney and Linnette Kanitz

Photo by Jim Logie

Story by Elborg Forster

Last spring, when thoughtful observers everywhere saw a connection between Freddie Gray and the lack of jobs for young people in the inner city, Broadmead's Multicultural Committee found funds to provide a summer job here for a teenager. Sons or daughters of Broadmead staff would make the best candidates, the committee thought.

This is how 16-year-old Chris Mooney, the son of Nicole Mooney, who works in the Arbor Café, was selected as our summer intern.

It was a good choice, for Chris, as his mother said, "has been coming to Broadmead since he was three."

Chris was assigned to the grounds crew, and worked for a total of 60 hours. The head of the grounds department, Linnette Kanitz, was very willing to supervise him, work with him and teach him new skills. He had never planted a tree, for example, and enjoyed the experience. What he liked best about the job was driving the golf-cart, but he willingly performed such mundane tasks as weeding, raking and watering. He also helped keep records on the computer.

The Multicultural Committee hopes that working outside in an environment like Broadmead was a positive experience for this young man. It also hopes that this program can be continued and perhaps expanded to other departments where young people could learn useful skills.

Broadmead Briefs...

Frances Pollard was delighted to see a painting by Edouard Manet entitled *The Battle of the Kearsarge and the Alabama* among the Impressionist artworks exhibited at the **Philadelphia Museum of Art**, visited by Broadmead residents last month. Fran's great grandfather, Captain John McIntosh Kell, was aboard the *Alabama*, a Confederate warship, in Cherbourg, France, for repairs, when it was engaged and ultimately sunk by the *USS Kearsarge* in a 1864 battle in Cherbourg harbor.

Kell, a Georgia-born graduate of the U.S. Naval Academy, had served during the Mexican War and later with Commodore Perry during the opening up of U.S. relations with Japan. Kell cast his lot with the Confederacy at the time of the Civil War. He survived the sinking of the *Alabama* and later held responsible positions in the Georgia state government. Fran bought postcards of the painting for her grandchildren.



Among other Broadmead residents enjoying the day trip to the Impressionist exhibit at the Museum of Art were Dosia Laeyendecker, left, and Susie Fetter.

Photo by Nancy-Bets Hay

Winners in the 2014-2015 **Round Robin One bridge tournament** were announced last week by coordinator Marj Espenschade at a luncheon in the Magnolia Room. Placing first were Joan McShane and Mary Jane Kiefaber; second, Florence Platt and Helen Davis; third, Priscilla Stieff and Weezie Davis; fourth, Park and Marj Espenschade; fifth, Bea Post and Anne Allen Dandy; and sixth, Marg Tuttle and Mary Ruth Sidwell.

A trip to the **National Museum of Civil War Medicine** in Frederick is planned for Thursday, October 8, with a bus leaving the lower level at 9:30 a.m. and returning by 3:30 p.m. The museum, which is surrounded by shops and restaurants, illustrates the medical history of the American Civil War, a story of care and healing, courage and devotion amidst death and destruction. A check for \$23 payable to the BRA and put in **Rhett Murphy's** V-1 box will cover the cost of the bus and museum admission. Deadline for checks is October 1, but latecomers may call Rhett to find out whether there are still openings.

Are you crafty? Residents and staff who produce hand-crafted items such as note cards, knitted scarves, sewn clothing items, jewelry, stained glass, soaps and much else, and who would like to sell then at the annual **Broadmead Craft Fair** on Friday, November 20, should contact **Joyce Gilley** to sign up for a table reservation, Apt. F-2, 443-578-8262, or jag91939@gmail.com.

Approximately 200 prospective residents are expected to participate in a **fall color tour** of the campus organized by the **Marketing Department** on Thursday, October 15. Marketing photographers were on campus in late September for a two-day "shoot" aimed at updating its pictures of residents.

The **Residents Marketing Advisory** committee will be discussing **naming options** for the independent living clusters, a proposal advanced by marketing consultants. Suggested are Quaker themes, or perhaps flowers or trees, while retaining the alphabetic listing. (Cluster B garden homes might become Bayberry 1, 2 and 3; Cluster D, Dogwood; or Cluster M, Magnolia or Maple.) Minutes of the

meeting described initial committee reactions as “unenthusiastic.”

The Broadmead Residents Association will benefit again this year from **calendar sales**. Ruth Fleishman has a limited number of large calendars that she will be selling Monday, October 19 and Wednesday, October 21 from 4:30 - 5:30 p.m. outside the Arbor Cafe for \$1.50. (Exact change please.) The Country Store has smaller, booklet size calendars.

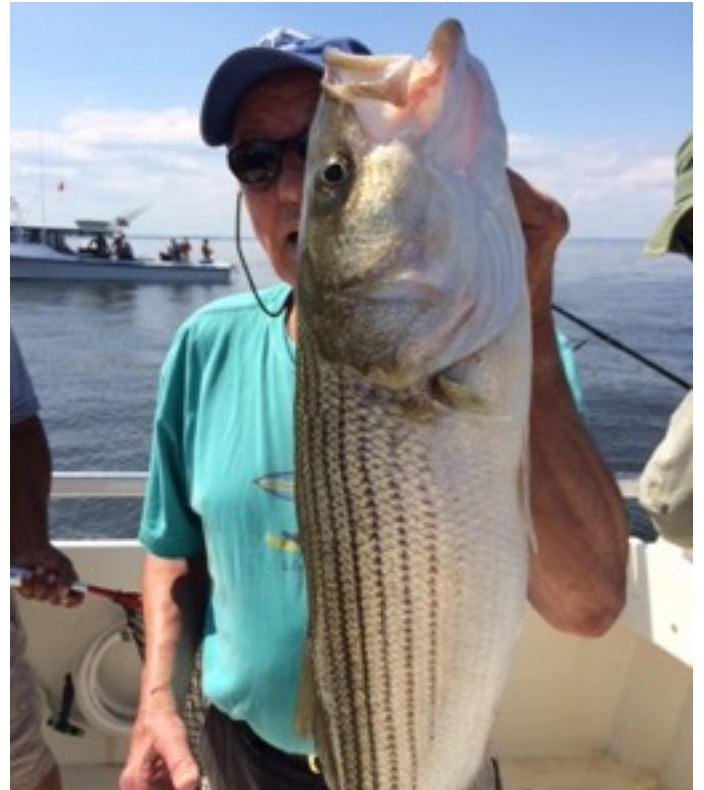
If a **fall clean-up** has resulted in a large amount of garden debris, residents are asked to call Maintenance for a pick-up instead of overloading the regular compost bins.

Long-time resident and avid devotee of exercise and eating right, George Brownell was among those saying goodbye to Wellness

coordinator Kaitlyn Bounds, who left Broadmead to follow her husband to a new job. Dozens of residents turned out for a farewell reception and to wish her well.



Beth Zimmerman displayed her many watercolors at an exhibit in the East Hall. Though visually impaired, she continues creating works of art. In October, the East Hall will feature work by some of Carol Lee Thompson’s students from Zoll Studios.



Look what Cliff York (hiding behind the rockfish) caught on a recent Chesapeake Bay fishing trip. Actually Alma Smith caught a bigger fish but she’s a seasoned fisherwoman, and no one took her photo. Many Broadmead residents enjoyed fish dinners following the outing, which was arranged by Jonas Rapoport.

OOPS.....

The last issue was a bad one for goofs, whether self- or source-inflicted.

We erroneously announced that the Barn Sale’s Thursday furniture sale was open to “everyone,” when “everyone” was meant to mean “every” resident and employee, not the whole world.

Herbert and Nancy Clark raised four children, not three, one of whom died in 1994.

The In Memoriam notice for Gladys DeGraffenreidt listed her date of birth as 1915. It should have been 1929.

We messed up the “ad” for Let’s Sing.

The Voice regrets the errors.

Broadmead diabetes program emphasizing healthy eating

Dan Hall and Jerrell Fleming of Food Services; Stacey Young, Broadmead dietician; and Annette Hottenstein, also a dietician, presented programs promoting healthy eating and portion control to both staff and residents last month.

Food Services is now offering diabetic choices along with low sodium, low cholesterol and gluten-free options.

Those with dietary restrictions or concerns are encouraged to set up appointments with the Broadmead chefs or Stacey.

Scheduled this month and next are programs on food as medicine, a farm-to-table event and a talk on sugar.

Broadmead's diabetes effort, initiated by CEO John Howl, who lost his wife to the disease, also includes participation in a "Step-Out Walk" October 4 at the Inner Harbor and fundraising efforts, like the wine-and-paint event, below.

Dietician Annette Hottenstein showed how much sugar there is in a 20-ounce bottle of coke. Soft drinks are a major "no-no" for diabetics and those struggling with obesity.



That's a meal? At left, a colorful plate shows the appropriate distribution of fruit, veggies and meat; while, at right, a whole day's good diabetic diet is displayed.



Three residents plus 16 staff members and friends turned out for a wine-and-paint fundraiser led by Jennifer of Twisted Paint that raised almost \$200 for the Diabetes Association. The group painted the Maryland flag, superimposed with a huge crab. Resident Joyce Gilley said the group suggested their efforts should be posted in the East Hall gallery. Pending an invitation to exhibit, Joyce has her effort in her sunroom.

V-8 juice? With hot sauce of course

By Elborg Forster

Whenever a certain diner in the Holly Terrace asks for V-8 juice at dinner, a server also places a bottle of hot sauce next to his glass. The diner does not have to ask because the server knows his taste in V-8.

That's because 95 per cent of Broadmead employees, from the executive leadership on down, have completed "PersonFirst" training.

Explaining the practice of a person-centered culture at Broadmead, Andrea Dwyer, Administrator of Health Services, and Teresa Gramling, social worker, said it aims to enhance social awareness throughout the community, not only among administrators and service personnel but also among residents who have enrolled in the training since early this year.

A major aspect has been person-centered care for both temporary and long-term patients, especially those suffering from dementia.

New medical and psychological insights come into play, plus a neighborhood concept of health care, which focuses on improvements in the patients' physical environment and often challenges caregivers to think about alternatives to rigid rules.

This has resulted in opening the doors to the Hallowell dining room between mealtimes, just as dining room doors would be open at a home.

While the program is designed to create a home-like environment, tailored as much as possible to the needs and desires of individual residents, Andrea and Teresa pointed out that they must also adhere to rules, regulations and standards imposed by Maryland's Department of Aging, sometimes creating a delicate balancing act.

In the course of the training, 99 new ideas have been suggested by participants, 43 of which have already been put into use. Others are still being evaluated.

To date 18 residents have completed the training and are now volunteering "upstairs" for special events, such as music, games, outings or reading sessions.



The Display Case recently featured the work of the Residents Association's ceramics class: Bill Breakey, Josepha Caraher, Sue Carnell, Kitty Dawes, Carole Glowacki, Ruth Heald, Lily Kouo, Hyko Laeyendecker, Florence Platt and Lucinda Shaw. Starting in October the case will be featuring masks.

Photo by Erroll Hay

January start for "Great Decisions" Sign-up sheets are posted

Broadmead's Great Decisions program will be held again this year on eight successive Mondays, 3:30 - 5 p.m., beginning in mid-January.

Sign-up sheets are now posted on the bulletin board for Foreign Policy Association booklets that provide background.

The 2016 topics are:

- ✧ The Middle East
- ✧ Kurdistan
- ✧ The Koreas
- ✧ Climate Change
- ✧ The Rise of ISIS
- ✧ Migration
- ✧ United Nations
- ✧ U.S. and Cuba

Residents who want to participate should sign up on the posted sheet, write a check for \$20 made out to the BRA with "Great Decisions" on the memo line, and put it in Marj Espenschade's L-2 mailbox.

Broadmead Welcomes

Stanton Collins, C-12. July 2015.
Stant6@verizon.net. 443-578-8231

Broadmead should be proud that Stanton Collins chose this place to retire.

A senior executive at Medicare, he and his wife Elsa chose Broadmead for its excellent program.

Stanton was a Medicare program administrator from the inception of the program. He has overseen and evaluated hospitals, nursing homes and laboratories for quality of services. He has served as president of AARP of Maryland and on the Advisory Board of Senior Companion Programs for the Baltimore Department of Health.

A native of Dundalk, Stanton attended Dundalk High School, where his most influential teacher was long-time Broadmead resident Carter Riefner. He graduated from the University of Maryland, College Park with a major in Government and Politics and earned a J.D. at the University of Maryland School of Law. At the Social Security Administration in Maryland, where he began his career, in 1965,



Stanton helped to establish and implement the newly passed Medicare plan.

The Collinses lived in Reisterstown until 1970 when Stanton was transferred to Acton, Massachusetts. After his retirement in 1990, the Collinses moved back to Baltimore, first to Federal Hill and then to Mount Vernon. There he pursued a wide variety of volunteer services and hobbies.

He and his wife have traveled widely throughout the world. He has 14,000 photographs, now transferred to his computer. He loves history, especially Civil War history. He also likes politics, astronomy, poetry, plus the Orioles and the Ravens.

by Mary Ellen Saterlie

Elsa Carson Collins, C-12. July 2015.
Elsacollins@gmail.com 443-578-8231

When China decided to shift its second language from Russian to English, Elsa Collins was there to help. She spent the summer of 2008 bringing her expertise in ESOL (English for Speakers of Other Languages) to the people in the city of Xian Sang.

Her career in education spanned fifty years – teaching in New York, Massachusetts, and Baltimore County, Maryland. From 1992 to 2008, she was an instructor in and Assistant Director of the ESOL program at UMBC.

Elsa was born in Hibbing, in Minnesota's Iron Range country, but moved numerous times, from Connecticut to Alabama and Washington D.C., as her Coast Guard father was transferred to various seaports and then to headquarters.



Elsa graduated from the University of Maryland, College Park, with majors in French and History. She earned her M.A. in ESOL at the University of Maryland, Baltimore County.

She and her husband Stanton have three children, Ted, Kate and Rachel; and four grandchildren ages 15 to 19. Before coming to Broadmead, the Collinses lived for seven years in Baltimore's Mount Vernon neighborhood.

Elsa and Stanton are world travelers, having visited countries on all seven continents, from Botswana to Nepal and Russia. Elsa has been a docent at the Walters Art Museum for five years.

She is a needlework enthusiast and an ardent quilter, doing all her work by hand. She also enjoys crossword puzzles.

By Mary Ellen Saterlie

New Residents Welcome Reception

Thursday, October 15
7 p.m. Auditorium

Takashi Ono, G-8. 443-578-8211;
ono13801@comcast.net, August 2015.

Though Takashi Ono came to the U.S. in 1958, he has managed to retain much of his native Japanese culture. He first came as a visiting fellow at the Institute for Advanced Study in Princeton, NJ. After two years at the University of British Columbia in Vancouver, waiting to get his U.S. work papers, he returned east to the University of Pennsylvania. In 1969, he came to Johns Hopkins as a professor of mathematics. He retired in 2012 at the age of 83.



Growing up in Tokyo, Takashi attended high school there during the war. He obtained his bachelor's and master's degrees from Tokyo University and his doctorate from Nagoya University.

Takashi has a wide range of interests. Not only does it include his special field, number theory, but also the history of number theory and the relationship of number theory to physics and biology. As he put it, he is "interested in everything."

Almost as important to Takashi is his music. He began piano lessons in the second grade, and has continued to play ever since. He brought his piano with him to Broadmead. A favorite pastime of his was playing trios with two of his sons, one on the violin and the other on the cello. His favorite composer is Chopin.

Takashi met his wife Sachiko in 1957 through family friends, and the two were married in 1958. To him, cocooned in a world of mathematics and music, he said, she represented a welcome opening to the wider world.

By Jackie Mintz

BRA Concert Series

Wednesday, October 14, 7 p.m.

Meridian Piano Trio

Sachiko Morita Ono, G-8. 443-578-8211.
ono13801@comcast.net, August 2015.

Raised in Tokyo and Yokohama, Sachiko Ono graduated from Aoyama Gakuin College in Tokyo, among whose original benefactors was John Franklin Goucher of Goucher College fame.

Sachiko's interest in the French language goes back decades, to 1958, when she and her husband studied the language in Tokyo, in preparation for his visit to Paris for a year. She has been engaged in French language and literature ever since.

She regularly attended French conversation classes at Bykota Center in Towson. Now she confines herself to reading French novels.

Sachiko is an addition to the ranks of Broadmead artists.

Although she took classes at MICA and at the Jewish Community Center, she is mostly self taught. She began with oil paints but soon turned to water colors and pastels, and now works almost exclusively with the latter. Her subjects are landscapes and portraits.



Sachiko shares her long-time interest in music with her three sons as well as her husband. All sons are accomplished musicians, with one a professional concert pianist and teacher. Sachiko used to sing. When the Onos first met, he played Chopin for her, and she sang. They thereupon knew they were suited for each other.

The Onos attended the Baltimore Symphony for years. They now go to the Shriver Hall Concert series.

Sachiko taught Japanese at Berlitz in Baltimore and D.C. for many years.

Prior to moving to Broadmead, Sachiko and her family lived in the same residence in Lutherville for 47 years.

The Onos' three sons, Momoro, Santa, and Ken, live in Nebraska, Cincinnati, and Atlanta, respectively.

By Jackie Mintz

Welcomes continues on Page 14

Richard Goody. H-7. 443-578-8284.
Goody@huarp.harvard.edu. August 2015

Born in England, and educated at St. Alban's School and Cambridge University (St John's College), Richard Goody is Broadmead's first atmospheric physicist.

Upon graduation in 1942, Richard entered the Royal Air Force, and as a junior scientific officer, tested prototype airplanes. After the war, he returned to Cambridge, where he received his Ph.D. After three more years there as a research fellow and a stint as a reader at Imperial College/London University, Richard joined the Harvard faculty as a professor in 1958, where he remained until his retirement in 1991.

Richard's research focussed on the workings of atmospheres, with a special interest in that of Venus. He was co-chair of a



National Academy of Sciences study on the strategy for exploring that planet. He was also involved in the launch of the Pioneer Venus project, which sent probes to Venus in 1978.

Outside of physics, Richard spent his time mountaineering, a pastime with its own vocabulary. He

climbed mostly in the Andes, and did the "first ascent" of 18,000 foot Tayapampa and the "second ascent" of Quitaraju (20,000 ft). When the high peaks became too high, he turned to deep canyons, primarily in the American Southwest.

In 1980, Richard and his wife Elfriede moved to Falmouth on Cape Cod, from which he commuted to Harvard. After Elfriede's death in 2005, Richard stayed in Falmouth until moving to Broadmead. His daughter Brigid lives in Baltimore.

Richard's pastimes are reading -- primarily the histories of Russia, Turkey, the Middle East and Europe -- and listening to music. His musical interests are eclectic; he listens to all types of classical music, with a preference for chamber music.

By Jackie Mintz



Jack Daum's dog was among those depicted in an exhibit of art work by Hallowell Hall residents.

Photo by Erroll Hay

Open Forum

7 p.m. Auditorium

Thursday, October 8

Baltimore Is a Strong City: Stories Behind the Headlines

Karen Stokes, CEO

Strong City Baltimore
(formerly Homewood Community
Corporation)

Friday, October 16

Fostering Leadership for Social Change

Shan Cretin, general secretary
American Friends Service Committee

After years of waiting *The Voice of the Residents* finally has its own mailbox, third row bottom among administration mailboxes in the Center.

**Wear Name Tags
October 1, 2, 3**

Taylor Book Club starting second year



Nineteen residents have participated in the Taylor Book Club since it was initiated in September, 2014, with most remaining active. Shown here are Bunkie Hopkins, Ruth Sutherland, Margaret Proctor, Mary Burgess, Ruth Bronstein and Jeanne Stephenson. Not pictured are Priscilla Stieff, Sally Crosby, Marvin Solomon, Eleanor Casey, Ann Stein, Eleanor Robinson, Priscilla Wiswell, Ginny Foster, Tot Lyon, Rose Hijikata, Marjorie Gold, Bea Post and Pat Lawler.

This is what they've read

Mornings on Horseback: Theodore Roosevelt
The Little Girl Who Fought the Great Depression: Shirley Temple and 1930s America
Citizen Soldier - A Life of Harry Truman
Uggie - My Story
Lone Survivor
The Light between the Oceans
Mrs. Lincoln's Dressmaker
Under the Wide and Starry Sky
The Museum of Extraordinary Things
Pegasus
A Family Affair
I Am Malala
Mom & Me & Mom
Mrs. Lincoln's Rival

First Monday Book Group

Auditorium, Mondays 10:30 a.m.

October 5	Being Mortal by Atul Gawande
November 2	Dead Wake, Lusitania by Erik Larson
December 7	Orphan Train by Christina Baker Kline

Books may be borrowed from the Bookmobile. See Broadmead schedule.

Adventures in Learning to feature spies, opera, Ireland

By Mary Ellen Saterlie

Spies, opera and the Emerald Isle will be featured in the Adventures in Learning 2015-2016 offerings this year.

Programs will be moved from Wednesdays to Thursday mornings at 10:30 and will begin October 22.

In October and November the topic will be espionage and the speaker will be Melvin Goodman, a senior fellow at the Center for International Policy. He has worked for the CIA, the State Department and the Department of Defense and is currently a very popular lecturer in the Johns Hopkins Osher program.

His talk will cover current issues with Iran, the Soviet Union and the Ukraine.

In January, Tim Smith, music editor at the *Baltimore Sun*, will bring new insights into operatic arias. This series is not just for opera lovers but will provide eye-opening stories about bewitching divas and surprising aspects of the opera.

The spring series is still a work in progress but will feature Ireland – its beautiful and tragic history and culture.

Want to watch a movie? DVD library has over 600 to loan

By Bernie Anderson

A donation of over 300 DVDs from Lifestyle Coordinator Marty Nichols kept Walter Hudson, who's in charge of the Residents Association's DVD lending library, very busy labelling and filing for the past several months.

Walter collects, catalogues and stores donations to the library, which is located on the lower level in the BRA office. It houses over 600 (and growing) DVD movies plus a number of VHS tapes, which are gradually being phased out as more DVDs are received. Many of the DVDs are Blu-ray discs, the latest in optical disc formats, allowing for use on modern high-definition DVD players.

Access to movies, which range from current to classic, is free and open to residents to

borrow and view at home. The honor system is used for taking and returning videos via a sign-out book on the table next to the file cabinets and a box labelled for returns. Walter refiles them as soon as he can. He also maintains a

list of the entire collection.

The DVDs are filed alphabetically by title. There is a separate section for operas and ballets, which are distinguished by a red dot on the back of the DVD.

Other DVDs have a white label with an alpha abbreviation of the title. A separate section of DVDs with

a green label are for special collection videos containing two or more discs.

The DVD Lending Library is an example of a free service offered by the Broadmead Residents Association with the help of BRA volunteers. DVD donations are appreciated.



Broadmead Trips Committee

Thursday, October 8

The National Museum of Civil War Medicine

Frederick, MD

Bus leaves 9:30 a.m. Returns by 3:30 p.m.

Sign-up sheet posted

Thursday, October 29

Baltimore Museum of Art

African and Asian Art Collections

Bus leaves 10 a.m. Returns 12:30 pm

Sign-up sheet posted

Note: Check bulletin board behind reception desk regularly for other trip announcements

Broadmead Play Readers

will present

The Monkey's Paw

by W.W.Jacobs (1863-1943)

Wednesday, October 7

7 p.m. Auditorium

Cast

Narrator/Miss Sampson	Shirley Christie
John White	Bob Gist
Jenny White	Suzanne Schlenger
Herbert White	Bob Forster
Sergeant-Major Morris	Charlie Lee

Directed by Bob Gist
Adapted from the original by
John DePrine

The New York Times

THURSDAY, SEPTEMBER 3, 2015

Pianist Puts New Touch On Classical Standards

Fewer musicians, but
no less power from
Beethoven's Fifth.

Soheil Nasser, a pianist known for his unorthodox programming choices, performed a recital made up of early-19th-century standards on Tuesday at Merkin Concert Hall. The lineup included such chestnuts as Schubert's Sonata in G (D. 894), a Chopin Ballade and Beethoven's Fifth Symphony.

CORINNA
da FONSECA-
WOLLEHEIM

MUSIC
REVIEW

Soheil Nasser next performs on Thursday at the Broadmead Concert Series in Cockeysville, Md.; soheihnasser.com.

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The same day that pianist Soheil Nasser returned for a second year to perform here, a glowing review of a similar concert featuring Beethoven's Fifth Symphony, as arranged for piano by Franz Liszt, appeared in The New York Times with a blurb in the lower left corner announcing that his next performance would be at the "Broadmead Concert Series in Cockeysville, MD." His performance here, plus works by Schubert and Chopin, followed by an emotion-arousing encore of the Liebestraum by Liszt, resulted in a standing ovation. Nasser also commented on his delight at the splendid Steinway piano (not ours) that Broadmead rented for the event.

Overlay photo of Nasser is by Erroll Hay, who also photoshopped the collage, above.

A Nostalgic Country Fair Saturday, October 3, 12 to 3 p.m.

Lower Level Terrace Garden (if it rains the Fair will be inside)

Featuring: Live Country Music
4-H Club with Farm Animals
Great Food

Face painting, hayrides and more

Residents, employees and
families are invited

Adventures in Learning

Thursdays, 10:30 a.m. Auditorium

Spying

Melvin Goodman, Speaker

October 22: United States, Israel, and Iran:
Examination of the Iran Nuclear Agreement

October 29: The United States, Russia and
Ukraine: Examination of European Security

November 5: The CIA and the Failure of
Intelligence

November 12: Bus Trip to the Spy Museum in
Washington, D.C.

Religion at Broadmead

Friends Meeting for Worship

Sundays at 11 a.m.
Stony Run Board Room

Interfaith Vespers

3rd Sundays 4:30 p.m., Lounge
October 18
Pastor Siegfried Otto
Minister of Pastoral Care
St. Johns Lutheran Church
Sweet Air, Maryland

Bible Study

(sponsored by
Woodbrook Presbyterian Church)
Tuesdays 10 a.m. Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
2nd Wednesdays
10 a.m. Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
1st Thursdays
10:30 a.m. Holly Terrace

Conversations in Religion and Philosophy

(sponsored by Towson Unitarian
Universalist Church)
Thursday, October 15
10:30 a.m. Fireplace Room

Blessing of Pets

Saturday, October 17
2 p.m. Shuffleboard Court

Pastor Eileen Kelly
Women of the Faith Lutheran Church

Volunteer program resumes with wider scope

By Bob Heaton

After a hiatus of several years, the use of volunteer help to provide services to residents of Hallowell and Taylor resumed during the summer months.

Five adults and two high school students from the outside community provided a total of 127 hours of service to Broadmead residents. Hours contributed ranged from 3.5 to 33.5 per volunteer. Services included escorting residents to and from programs or activities and one-on-one visits.

Meredith Hauf directed the program during the summer, but it has since been taken over by Stacey Young, who joined the Broadmead staff in early September. Stacey hopes to expand the program by recruiting volunteers from various school and college sources including volunteer fairs and service learning clubs. She will initiate her college-level search at Stevenson University, and later expand it to Towson University. Children of staffers are another possible source.

Stacey hopes to establish new programs for residents, and seeks volunteers from inside and outside the Broadmead community who want to share their own passions, such as music, reading, art, gardening or cooking. Her previous professional experience has shown that this approach yields satisfaction to both residents and volunteers. She may be reached at extension 8026, or at syoung@broadmead.org.

Let's Dance

Monday, October 12, 7 p.m.
Lounge -- Everyone Welcome

Country Store

Monday to Friday
10 a.m. - 2 p.m.
Saturday: 11 a.m. - 1 p.m.

2016 Calendars For Sale



Broadmead Movies

Auditorium 7 p.m.
Movies selected by John
DePrine and Bob Gist

Saturday, October 3 **Live and Become**

(Yael Abecassis, Roschdy Zem) A young Ethiopian boy is swept into a joint effort of American and Israel troops to relocate Jewish refugees from Africa to Israel. A Christian mother forces her son to declare himself Jewish and join the exodus.
2005 NR 140 minutes

Tuesday, October 6 **Billy Elliot**

(Jamie Bell, Jane Haywood) When 11-year old Billy Elliot trades his boxing shoes for ballet slippers, his hard-working miner father is not very pleased or supportive. The Broadway hit was based on this film.
2000 R 110 minutes

Saturday, October 10 **My House in Umbria**

(Maggie Smith, Chris Cooper) After enduring a terrorist attack on a Milan train, an English writer opens the doors of her Italian villa to her fellow survivors.
2003 PG-13 103 minutes

Tuesday, October 13 **The Lucky One**

(Zac Efron, Taylor Schilling) After three tours in Iraq, a marine sergeant returns to search for the unknown woman whose photo he believes saved his life.
2012 PG-13 101 minutes

Saturday, October 17 **She's the Man**

(Amanda Byrnes, Tatum Channing) A retelling of Shakespeare's *Twelfth Night* in a modern setting.
2005 PG-13 105 minutes

Tuesday, October 20 **Chariots of Fire**

(Ben Cross, Ian Charleston) Two very different runners, a hotshot Jewish Cambridge scholar and a Presbyterian missionary, complete the British team in the 1924 Olympics. Each man faces complex tests of faith.
1981 PG 124 minutes

Saturday, October 24 **The Longest Ride**

(Britt Robertson, Alan Alda) An elderly man is saved from an accident by a young couple. Their lives become involved.
2015 PG-13 129 minutes

Tuesday, October 27 **Les Miserables**

(Hugh Jackman, Anne Hathaway) A musical version of Victor Hugo's tale of love and sacrifice during the French Revolution.
2012 PG-13 157 minutes

Saturday, October 31 **Ghost**

(Whoopi Goldberg, Patrick Swayze) With the help of a psychic, a victim learns the truth behind his murder and attempts to save his sweetheart from the same fate.
1990 PG-13 127 minutes

Hepatitis C: no vaccine but new treatments

Some three per cent of Americans and about 10 per cent of veterans and prison inmates are infected with hepatitis C. It's one of six different hepatitis viruses, causing symptoms of nausea, fatigue and jaundice. In the case of hepatitis C, there is no vaccine.

Speaking clearly and without notes on the difficult subject of symptoms, outcomes, treatments and efforts at finding a cure, resident Frank Iber, M.D. a specialist in liver disease, opened the 2015-2016 series of Health Care Committee lectures September 15.

Hepatitis C is the leading cause of cirrhosis, liver transplantation and liver cancer. Untreated, it shortens life by at least 10 years.

Since 2014, two treatments released by the Food and Drug Administration cure at least 95 per cent of hepatitis C cases, Frank said. Both new treatments use multiple drugs targeting directly the structure of the hepatitis C virus. One uses a single daily pill with two drugs for 12 weeks and is costly. A second uses four drugs in two daily pills for 24 weeks, is less expensive, and has few side effects, none life threatening.

Frank said that all persons who were exposed to human blood in their job, received transfusions before 1994, had a tattoo at any time or who have ever used illicit intravenous drugs should be tested for hepatitis C and, if it's found, cured with one of the new treatments.

VOICE OF THE RESIDENTS
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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that comprise Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, should be typed and sent to voice@broadmeadra.org, with a hard copy in *The Voice* box in the BRA office. Style Sheets are available on request.



Proving that residents may continue gardening even if they move to a Center home is this handsome display on Bea Post's patio outside T-332.
Photo by Erroll Hay